



Belleville and Quinte West  
Community  
Health Centre

# Spotlight on Diabetes

Join a monthly support group with  
FREE presentations for those who  
have been diagnosed with diabetes,  
their caregivers and partners.

**1<sup>st</sup> Thursday of each month**

**10:00-11:30**

**Location:**

**161 Bridge Street, West Belleville**

**FREE & Open to Everyone in  
the Community!**

**Drop in Only - No Registration  
required**

For more information, please visit

[www.bqwchc.com](http://www.bqwchc.com) or

call 613-962-0000



Like us on Facebook



Like us on Instagram

