

Join us for an

ICE CREAM SOCIAL



Come to the BQWCHC for a fun, friendly, flavour-filled Ice Cream Social! A great opportunity to enjoy sweet treats, play games, and connect with others in the community. We'll have a variety of options available, including lactose-free and diabetic-friendly treats. All are welcome!



SCAN ME!

TRENTON

BELLEVILLE

August 21, 2025

August 22, 2025

69 Catherine Street

161 Bridge Street W

This event is **FREE!**

1:30PM-3:30PM

To sign up scan the QR CODE above or visit www.tiny.cc/icecreamsocial



For more info contact Mental Health & Wellness Promoter, Alyssa: rossa@bqwchc.com or 613-403-5683



Belleville and Quinte West
Community
Health Centre