

**Board of Directors**  
**Belleville & Quinte West Community Health Centre**  
**Thursday October 26, 2023**

**OPEN MINUTES**

**DATE:** Thursday October 26, 2023

**TIME:** 5:30 PM

**LOCATION:** QW Community Room 223 with Virtual Option

**Members:** James Huff, President; Kim Egan, Vice President; Mary Lynne Forestell, Treasurer; Scott Robertson, Secretary; Frank Hiebert, Director; Patricia Sukha, Director; Jae-Marie Ferdinand, Director; Lisa Turik, Director; Mike Slatter, Director; and Bruce Maitland, Director

**Present:** James Huff, Kim Egan, Mary Lynne Forestell, Frank Hiebert, Patricia Sukha, Jae-Marie Ferdinand, Lisa Turik, Bruce Maitland, Mike Slatter, Sheila Braidek

**Regrets:** Scott Robertson

**Recorder:** Sheila Braidek

<b>1</b>	<p><b>Call to Order AND Confirmation of Quorum</b></p> <p>The Chair called the meeting to order at 5:30 pm. Quorum was established with 9 members in attendance.</p>
<b>2</b>	<p><b>Conflict of Interest</b></p> <p>None noted</p>
<b>3</b>	<p><b>Land Acknowledgement</b></p> <p>Provided by Pat Sukha</p>
<b>4</b>	<p><b>Agenda – October 26, 2023</b></p> <p><b>MOTION 2023-10-01</b> <b>MOTION to accept the Agenda for October 26, 2023 with changes noted</b> <b>Moved by: B. Maitland</b> <b>Seconded by: JM Ferdinand</b> <b>In favor: All</b> <b>Outcome: Carried</b></p> <p>Changes: Consent Items A-12 and A-13 will be moved to November Board meeting</p>

5	<p><b>Staff Presentation</b>  <b>Thrive Program - Brittany Finlayson</b></p> <ul style="list-style-type: none"> <li>○ Intensive case management and family support for women with any substance use challenges and children 0-6 years of age. Program used to be for women with opioid use history and children of any age.</li> <li>○ Thrive clients prioritized for Primary Care clients at the CHC.</li> <li>○ Serve the Belleville / Quinte West / North region. Quinte West can be underserved because Belleville demand is higher.</li> <li>○ stigma associated with substance use significantly impacts on access to services.</li> <li>○ What we see: <ul style="list-style-type: none"> <li>○ Services are stretched thin (so services are now less)</li> <li>○ Lack of local and adequate residential treatment services. Travel is harder for women with children</li> <li>○ Have lost clients to overdose</li> <li>○ Waitlists to counselling is excessive</li> <li>○ There was a discussion of where donations are sought and whether the Board may be able to be helpful (action below)</li> </ul> </li> </ul> <p>Discussion:</p> <ul style="list-style-type: none"> <li>○ Referrals to the program are made by individuals and agencies.</li> <li>○ Partner with primary health team.</li> <li>○ Thrive involved at hospital - sits on perinatal committee; helped establish 'rooming-in' program. <ul style="list-style-type: none"> <li>○ Thrive is not duplicating any other services</li> </ul> </li> <li>○ How do we evaluate the program? Best practices, ongoing evaluation of client experience. <ul style="list-style-type: none"> <li>○ One wish for clients? Access to counselling (trauma-responsive counselling.)</li> </ul> </li> <li>○ Thrive workers day: <ul style="list-style-type: none"> <li>○ Building capacity</li> <li>○ Advocacy</li> <li>○ Case conference</li> <li>○ Help clients get benefits, budgeting</li> <li>○ Parenting support</li> <li>○ Discussing/skill development with substance use</li> </ul> </li> </ul> <p><b>Action: K. Egan to connect with S. Braidek regarding a possible contact with a potential donor</b></p>
6	<p><b>President's Report</b></p> <p><b>Alliance queens park day – October 10-2023</b></p> <ul style="list-style-type: none"> <li>- James Huff and Christanne Lewis attended on behalf of BQWCHC</li> <li>- Went really well – opportunity to chat with MPPs and Ministers</li> <li>- Event was sponsored by an MPP who is a former CHC ED</li> <li>- Value of CHCs, service of marginalized</li> <li>- Client speaker from Northumberland</li> <li>- Good event</li> <li>- In attendance was Minister Jones and senior staff from Premier's office</li> </ul>

	<p><b>MOTION 2023-10-02</b>  <b>MOTION to accept the President’s Report for October 2023 as presented</b>  <b>Moved by: K. Egan</b>  <b>Seconded by: F. Hiebert</b>  <b>In favor: All</b>  <b>Opposed: None</b>  <b>Abstained: None</b>  <b>Outcome: Carried</b></p>
7	<p><b>Consent Items:</b></p> <p><b><u>7.1 Board of Directors Minutes</u></b>  Board Minutes of September 28-2023 were received and reviewed by the Board</p> <p><b>MOTION 2023-10-03</b>  <b>MOTION to approve the Open Board Minutes of September 28-2023 as presented</b>  <b>Moved by: P. Sukha</b>  <b>Seconded by: JM Ferdinand</b>  <b>In favor: All</b>  <b>Opposed: None</b>  <b>Abstained: None</b>  <b>Outcome: Carried</b></p> <p><b>Changes noted: None</b></p> <p><b><u>7.2 Committee Chair Updates (if applicable)</u></b></p> <p><b>Finance</b> – noted that due to timing of financial statements and meetings, the financial statements will be reviewed by Finance Committee before the end of the month after the quarter closes and that will be the basis of quarter end reports to funders. financial statements will then come to the Board meeting the following month. If required, changes following the board review will be made with funders.</p> <p><b><u>7.3 Committee Minutes and Recommendations</u></b></p> <p><b>MOTION 2023-10-04</b>  <b>MOTION to receive the Committee minutes and Committee items as listed below <u>and accept their recommendations except those matters moved to Consent Matters for Discussion</u></b>  <b>Moved by: JM Ferdinand</b>  <b>Seconded by: L. Turik</b>  <b>In favor: All</b>  <b>Opposed: None</b>  <b>Abstained: None</b>  <b>Outcome: Carried</b></p> <p><b>Committee Items for October 2023:</b></p>

	<p><b>A-5</b> Executive Minutes – October 12-2023  <b>A-6</b> QIRM Minutes – October 17-2023  <b>A-7</b> QIRM – Board Dashboard and Charts 2023-24 – Q2  <b>A-8</b> QIRM – Occurrence Summary Report 2023-24 – Q2  <b>A-9</b> QIRM – QIP Report – Q2  <b>A-10</b> QIRM – Risk Register Report 2023-24  <b>A-11</b> QIRM – Youth Summit for Mental Health</p>
<p><b>8</b></p>	<p><b>Executive Director’s Report</b>  Written report provided in the board package.</p> <p><b>Topic addressed in report:</b></p> <ul style="list-style-type: none"> <li>- The Bridge</li> <li>- Ontario Health Teams</li> <li>- HPE – OHT – Primary Health Care Strategy</li> <li>- HPE – OHT – Meeting with MOH/OH Reps</li> <li>- Staffing updates</li> <li>- Community Annual Planning Submissions (CAPS)</li> <li>- Capital – Trenton</li> <li>- Capital – Belleville</li> <li>- Funding</li> <li>- Risk Management</li> </ul> <p><b>In addition to the written report:</b></p> <p><b>The Bridge</b></p> <ul style="list-style-type: none"> <li>- Reviewed suggested monitoring process. Process, including use of other committees as appropriate deemed acceptable.</li> <li>- Board asked Sheila to secure a legal opinion on risks and responsibilities to BQWCHC associated with the Bridge.</li> <li>- Consider providing quarterly financial statements from The Bridge to the Finance committee.</li> <li>- Is the intent for The Bridge to become separately incorporated in the longer term? This is a possibility but is not being assumed or actioned at this time.</li> <li>-</li> </ul> <p><b>Action: S. Braidek to seek opinion from lawyer</b></p> <p><b>MOTION 2023-10-05</b>  <b>MOTION to accept the Executive Director’s Report and the Board Legislative and Compliance report for October 2023 as presented</b>  <b>Moved by: F. Hiebert</b>  <b>Seconded by: P. Sukha</b>  <b>In favor: All</b>  <b>Opposed: None</b>  <b>Abstained: None</b>  <b>Outcome: Carried</b></p>
<p><b>9</b></p>	<p><b>Other Business</b></p>

	<p><b>9.1 Line of Credit</b></p> <p>Further to approval by the Board in September of the August Finance Committee minutes and recommendations, a separate motion for the LOC is being brought forward. Noted that the Finance committee has asked for information on the process/controls.</p> <p><b>MOTION 2023-10-06</b>  <b>MOTION to approve a Line of Credit in the amount of 1 million dollars to support capital projects</b>  <b>Moved by: ML Forestell</b>  <b>Seconded by: M. Slatter</b>  <b>In favor: All</b>  <b>Opposed: None</b>  <b>Abstained: None</b>  <b>Outcome: Carried</b></p> <p><b>9.2 Alliance for Healthier Communities</b></p> <p>Board Chairs/Liaison meeting is on November 1<sup>st</sup> Topic for discussion will be on low barrier harm reduction/safe supply – what Boards need to know</p> <p><b>Action: Share webinar recording with Board members</b></p> <p>Noted that JM Ferdinand left at 6:40 pm – quorum was maintained with 8 members still in attendance</p>
<p><b>10</b></p>	<p><b>Generative discussion</b>  <b>Is our Strategic Plan still relevant?</b></p> <p>Reviewed the process and content from our most recent strategic planning process. See slides.</p> <p>Are there things that are new/emergent since our strategic planning process in 2021/22 that we should make note of?</p> <ul style="list-style-type: none"> <li>- Homelessness has become a more pressing issue</li> <li>- Development of the Bridge</li> <li>- Mental Health waitlists and lack of services is worse <ul style="list-style-type: none"> <li>- Access MHA</li> <li>- 988 – MH Crisis</li> <li>- When people reach out for help, they need help</li> <li>- Shortage of qualified people and shortage of funding (psychiatrists and therapists)</li> </ul> </li> <li>- Safe supply / harm reduction / Supervised injection is more frequently discussed and more of a need now than before</li> <li>- Have we had any talks/thought about expansion discussions into PEC or North – No</li> <li>- Housing and affordability – more critical now than before</li> <li>- No significant movement in Ontario (yet) regarding the push to insert ‘parental rights’ on kids’ ability to identify with a certain gender and/or name.</li> </ul> <p>In light of all of the above, does our Strategic Plan still resonate?</p> <ul style="list-style-type: none"> <li>- Plan still resonates</li> </ul>

	<ul style="list-style-type: none"> <li>- Work on The Bridge fits within our existing plan/priorities</li> <li>- Exciting that we have been leading on some things (i.e. OHT)</li> <li>- Very relevant; broad enough; we are becoming more relevant</li> <li>- May be an opportunity for the Board to advocate for funding for MHA</li> <li>- Need for access to psychiatric care and counselling</li> <li>- Can we expand MD recruiting to other professionals?</li> </ul>
<b>11</b>	<b>Next Meeting date</b> <b>Thursday November 30-2023 in Belleville</b>
<b>12</b>	<b>In Camera Session – Public facing minutes</b>  <b>Move In Camera</b> <b>MOTION 2023-10-07</b> <b>MOTION to move In-Camera at 7:20 pm</b> <b>Moved by: B. Maitland</b> <b>Seconded by: M. Slatter</b> <b>In favor: All</b> <b>Outcome: Carried</b>  <b>12.1 In Camera Minutes</b>  <b>MOTION 2023-10-08</b> <b>MOTION to approve the in-camera minutes of September 28, 2023</b> <b>Moved by: ML Forestell</b> <b>Seconded by: B. Maitland</b> <b>In favor: All</b> <b>Opposed: None</b> <b>Abstained: None</b> <b>Outcome: Carried</b>  <b>Move out of In Camera</b> <b>MOTION 2023-10-09</b> <b>Motion to move out of in-camera at 7:27 pm</b> <b>Moved by: ML Forestell</b> <b>Seconded by: F. Heibert</b> <b>In favor: All</b> <b>Outcome: Carried</b>
<b>13</b>	<b>Adjournment</b>  <b>MOTION to adjourn</b> <b>Moved by ML Forestell</b>



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Board President  
James Huff



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Board Secretary  
Scott Robertson