



Community Wellness



Belleville and Quinte West
Community
Health Centre



QUINTE WEST
PUBLIC LIBRARY

Death Café

**Talking about death won't kill you.
A safe space to talk about all things death.**



WHAT:

Engage in a conversation about death, your own thoughts and feelings, plans for your own death, hear from others and their experiences. Discuss how acknowledging mortality can prompt you to live your best life.

WHEN:

Thursday September 29, 2022

6:00—7:30pm

WHERE:

In Person in the Community Hall at 69 Catherine Street,
Trenton

Free and Open to Everyone in the Community!

For more information, please call 613-962-0000 or 613-965-0698

Please Note: Group programs may be cancelled with short notice due to COVID-19



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Website: www.bqwchc.com