



Community Wellness

Drop In—Belleville Walking Club

TUESDAYS at 10:30 am

WHAT: Join our volunteer to get some fresh air, exercise, and connect with others!

WHEN: Tuesdays from 10:30 - 11:30 am
January 10 until March 28, 2023

WHERE: Jane Forrester Park (at the waterfront)
Meet beside the Building near the washrooms, bottom of George St., Belleville

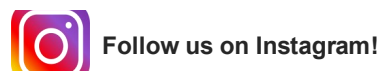
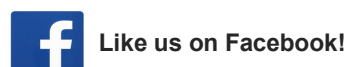
Group meets shine or a little rain.

FREE & Open to Everyone in the Community!

Facilitated by BQWCHC Volunteers.

Drop by on Tuesday at 10:30 am or for more information, call 613-962-0000 and press 0 for Reception

Please Note: This program is being offered with appropriate safety precautions due to COVID-19. Group programs may be cancelled with short notice due to COVID-19.



Website: www.bqwchc.com

