

## Belleville Walking Club

## **TUESDAYS** at 11am

WHAT: Join our volunteer to get some fresh air, exercise, and connect with others!



- WHEN: Tuesdays from 11am-12 pm Starting April 5 until June 28, 2022
- WHERE: Jane Forrester Park (at the waterfront) Meet in front of the Canteen Building at the bottom of George St., Belleville

FREE & Open to Everyone in the Community! Facilitated by BQWCHC Volunteers

ADVANCE REGISTRATION REQUIRED For more information and to register, please call

613-962-0000 and press 0 for Reception

*Please Note: This program is being offered with appropriate safety precautions due to COVID-19. Group programs may be cancelled with short notice due to COVID-19.* 



Like us on Facebook!



Follow us on Instagram!

Website: www.bqwchc.com