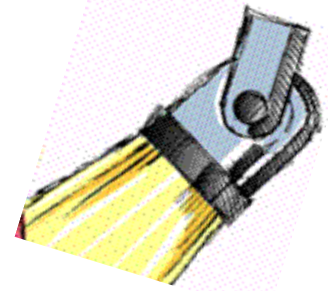




Primary Health Care

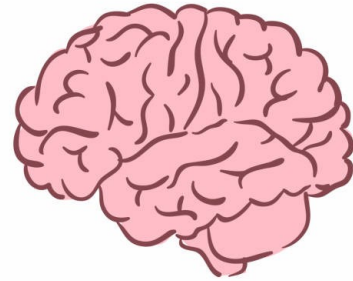
# Spotlight on Diabetes



1st Thursday of each month at 10:00am

**March 2023**

**MENTAL HEALTH  
MATTERS**



**WHAT:** A monthly support group with FREE presentations appropriate for those who have been diagnosed with diabetes, their caregivers and partners.

**WHEN:** 1st Thursday of each month  
from 10:00—11:30 am

**WHERE:** 161 Bridge St. W., Belleville

**FREE & Open to Everyone in the Community!**

**For more information or to reserve your spot, please call [613-962-0000](tel:613-962-0000)**

*Note: Group programs may be cancelled with short notice due to COVID-19.*



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