

QUINTE WEST HOT MEAL PICK-UP

2nd and 4th Friday of the month from 2:30—3:30 pm









WHAT: DROP BY and pick up a healthy and delicious hot

take-away meal. Registration is not required.

WHEN: 2nd and 4th Friday of each month

from 2:30-3:30 pm

May 13th & 27th

WHERE: 69 Catherine St., Trenton (NEW LOCATION!)

at Belleville and Quinte West Community Health Centre

FREE & Open to Everyone in the Community!

DROP BY, or for more information, please call 613-962-0698

Please Note: Group programs may be cancelled with short notice due to COVID-19.





Follow us on Instagram!

Website: www.bqwchc.com