HPE COVID, Cold & Flu Care Clinics

Is the COVID, Cold & Flu Care Clinic the right place for you?

- You are experiencing symptoms of COVID-19, strep, bronchitis, pneumonia, ear infection, cold or flu, sinus infection, vomiting or diarrhea.
- You have been unable to book an appointment with your primary care provider, or a health care professional has referred you to this clinic.
- You are unable to safely monitor your symptoms at home.
- You are at higher risk of severe illness, such as immunocompromised individuals regardless of vaccine status.

What to bring with you

- You should bring a list of your medication and a list of any important medical conditions to your appointment for a clinical assessment.
- Health card if you have one.

Appointments must be booked in advance. No walk-in appointments are available.

Belleville Clinic

Belleville Quinte West Community Health Centre 161 Bridge St. West, Unit 1 Belleville

Hours of Operation Mondays - 5:00pm to 8:00pm Fridays - 5:00pm to 8:00pm

To book in Belleville: Scan the QR code below with your smart phone camera or go to <u>www.bqwchc.com</u>



To book in Trenton: Scan the QR code below with your smart phone camera or go to www.bqwchc.com



If you have one or more of the following symptoms, you should immediately call 911 or go to an Emergency Department:

- Severe difficulty breathing (struggling for each breath, can only speak in single words)
- Severe chest pain (constant tightness or crushing sensation)
- Feeling confused or unsure of where you are
- Losing consciousness
- Children with recorded fever greater than 38 Celsius AND who are under 2 months of age
- Children with any difficulty breathing, using chest muscles to breathe, severe lethargy (not waking up to drink), neck stiffness





Belleville and Quinte West Community Health Centre



Gateway Community Health Centre

Tweed Clinic

Gateway Community Health Centre 41 McClellan St. Tweed

Hours of Operation Tuesdays - 5:00pm to 8:00pm Wednesdays - 5:00pm to 8:00pm Saturdays - 9:00am to 12:00noon

To book in Tweed: call 613-922-0803

Trenton Clinic Belleville Quinte West Community

Health Centre 69 Catherine St. Trenton

Hours of Operation Sundays - 9:00am to 12:00noon