



Community Wellness

Hi!

Would you like to know how it feels to be 70/80 years old?

Do you have questions about aging?

Are you interested in the changes
since the '40's and '50's?



We would be pleased for you to join
us for this informal get-together.

WHEN:

Wednesday April 10th, 2024 from 5 to 6:30 pm

WHERE: BQWCHC, 69 Catherine Street, Trenton

FREE & Open to Everyone in the Community!

Presented by BQWCHC Volunteer and Guests.

Drop by April 10th at 5 pm or for more information:,
call BQWCHC at **613-962-0000** and **press 0 for Reception.**



Like us on Facebook!



Follow us on Instagram!