



## Social and Activity Group - Conversation and Make a Charcuterie Board

4 Friday afternoons at 1:00 pm

Join us IN-PERSON to connect with others and make a charcuterie board (serving tray)!

WHEN: Friday afternoons from

1:00-3:00 pm

September 9, 16, 23 & 30 or

October 7, 14, 21 & 28

WHERE: QW Site, 69 Catherine

Street



Limited space for each 4 week group

Supplies are provided, but everyone is asked to bring an old towel to use during the group.

FREE & Open to Everyone in the Community!

Facilitated by BQWCHC Volunteers

For more information or to reserve a spot, Call BQWCHC at

613-965-0698 and press 0 for Reception

Please Note: This program is being offered with appropriate safety precautions due to COVID-19. Group programs may be cancelled with short notice due to COVID-19.



