



Community Wellness

Drop in—Colouring for Adults 16+

1st and 3rd Tuesday of each month at 1:30 pm



WHAT: JOIN US to get out of the house, talk with others if you wish, be yourself and be creative.
No experience necessary. Supplies are provided.

WHEN: 1st Tuesday of each month from 1:30—2:30 pm
September 6, 20; October 4, 18; November 1, 15, and
December 6, 20, 2022

WHERE: 161 Bridge St. West, Unit One, Belleville
FREE & Open to Everyone in the Community!
Facilitated by BQWCHC Volunteers

Drop by the 1st Tuesday of each month or for more information,
call **613-962-0000** and **press 0 for Reception**

*Please Note: This program is being offered with appropriate safety precautions due to COVID-19.
Group programs may be cancelled with short notice due to COVID-19.*



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