Community Wellness

Belleville and Quinte West Community Health Centre

Drop in-Club 50+
Social Group for Older Adults

2nd Thursday of each month at 1:30 pm

Make new friends and reconnect with old friends in a fun atmosphere

WHAT:
- For adults aged 50+
- Play games, socialize and discuss topics of group interest
- Bring a friend—the more, the merrier!

WHEN: 2nd Thursday of each month from 1:30 to 2:30 pm
Sept. 8, Oct. 13, Nov. 10 and Dec. 8, 2022

WHERE: 161 Bridge St. West, Unit One, Belleville

FREE & Open to Everyone in the Community!
Facilitated by BQWCHC Volunteers

Drop by on the 2nd Thursday at 1:30 pm or for more information, call 613-962-0000 and press 0 for Reception.

Please Note: This program is being offered with appropriate safety precautions due to COVID-19. Group programs may be cancelled with short notice due to COVID-19.

Like us on Facebook!   **Follow us on Instagram!**

Website: www.bqwchc.com