



Circle of Security

Parenting Program

Starting April 20th for 8 weeks



At times all parents feel lost or without a clue about what our child might need from us.

Imagine what it might feel like if you were able to make sense of what your child was really asking from you.

WHAT: Understand your child's emotional world by learning to read

their emotional needs

Support your child's ability to successfully manage emotions

Enhance the development of your child's self-esteem

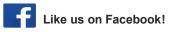
WHEN: Every Wednesday from 10:30am-12:00pm in Trenton

WHERE: 69 Catherine Street, Trenton

Free and Open to Everyone in the Community!

For more information, please call 613-965-0698

Please Note: Group programs may be cancelled with short notice due to Covid-19





Follow us on Instagram!

Website: www.bgwchc.com