



Chronic Pain & Conditions Support Group

Online through Zoom

April 5 at 1:30 pm

For adults and their
supports or caregivers



- WHAT:** Learn from and support each other
Access resources and information
*****Discussion of dates and format of group*****
- WHEN:** April 5 from 1:30—2:30 pm
Future dates to be decided
- WHERE:** Online through Zoom
Details will be sent to your email so you can join the session

FREE & Open to Everyone in the Community!

Facilitated by BQWCHC Volunteers

ADVANCE REGISTRATION REQUIRED

**For more information or to register, call
613-962-0000 and press 0 for Reception**

Note: Group programs may be cancelled with short notice due to COVID-19



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