



# BREAKFAST OF CHAMPIONS

**2022**

**1ST & 3RD FRIDAYS FROM 9:30—11:00 AM**



**WHAT:** DROP BY and enjoy a hot and delicious meal with us!  
Take-away breakfast is an option as well.

**WHEN:** 1st and 3rd Friday of each month from 9:30—11:00 am

- September 2nd and 16th
- October 7th and 21st
- November 4th & 18th

**WHERE:** 161 Bridge St. West, Unit One, Belleville

**FREE & Open to Everyone in the Community!**

**Registration is not required**

**Just DROP BY, or for more information, call 613-962-0000**

*Please Note:* Group programs may be cancelled with short notice due to COVID-19



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Website: [www.bqwchc.com](http://www.bqwchc.com)