

BREAKFAST OF CHAMPIONS 2022

1ST & 3RD FRIDAYS FROM 9:30-11:00 AM



- WHAT: DROP BY and pick up a hot and delicious take-away breakfast.
- WHEN: 1st and 3rd Friday of each month from 9:30—11:00 am April 1st and 15th May 6th and 20th June 3rd and 17th

161 Bridge St. West, Unit One, Belleville

WHERE:

Health & Wellness

FREE & Open to Everyone in the Community!

Registration is not required

Just DROP BY, or for more information, call 613-962-0000

Please Note: Group programs may be cancelled with short notice due to COVID-19



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