



Gender Journeys

Starting March 2024



WHAT: For those 18+ who identify as transgender, non-binary, gender diverse and are interested in better understanding their gender or gender transition

This 10 week group will help you to:

- Discuss gender, identity, medical and legal transitions
- Share experiences, the impact of transitioning, coping with challenges
- Learn about community supports and services
- Light snack and refreshments provided

WHEN: Tuesday March 5, 2024—Tuesday May 7, 2024
5:30—7:30pm
offered In Person and Virtually

WHERE: Belleville and Quinte West Community Health Centre
Unit 1—161 Bridge Street West, Belleville

ADVANCE REGISTRATION REQUIRED

**For more information or to register, please call [613-962-0000](tel:613-962-0000)
A short intake is required before attending.**

Please Note:

This program is being offered with appropriate safety precautions due to COVID-19.



Belleville and Quinte West
Community
Health Centre



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