



Community Wellness

# Quinte West Social Group

Usually 2nd & 4th Mondays at 10:30 am

Join us IN-PERSON to connect with others and try a fun activity!

**WHEN:** 2nd and 4th Monday of each month  
from 10:30 am-12:00 pm

**WINTER 2024**

**ACTIVITY:**

- Mon. January 8 . . . . . Discussion about Holiday/Past Memories
- Mon. January 22 . . . . . Crafts
- Mon. February 12 . . . . . Crafts
- Mon. February 26 . . . . . Fill in the Blanks
- Mon. March 11. . . . . Discussion of Favourite Books and Movies
- Mon. March 25. . . . . Crafts

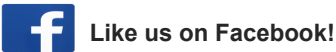


Colouring always available.

**WHERE:** Quinte West Public Library, 7 Creswell Dr., Trenton

**FREE & Open to Everyone in the Community!**

Drop by on the 2nd or 4th Monday at 10:30 am or for more information:  
Call QW Library at **613-394-3381, ext. 3325** or BQWCHC at **613-965-0698**  
and press 0 for Reception



Website: [www.bqwchc.com](http://www.bqwchc.com)